

# Army announces new Joint Munitions Command leader

*Brig. Gen. Larry Wyche has led the Joint Munitions Command since August 2008. Wyche will welcome Brig. Gen. Gustave F. Perna as the newest commander of the JMC.*

**By Darryl Howlett**  
**JMC Public Affairs**

ROCK ISLAND ARSENAL, Ill. – The Joint Munitions Command will welcome a new commanding general later this year.

Army Chief of Staff General George Casey announced that Brig. Gen. Gustave F. Perna, who serves as the Director, Logistics, United States Forces-Iraq, will become the commanding general of Joint Munitions and Lethality Life Cycle Management Command, located at Picatinny, N.J., and the Joint Munitions Command, here.

Perna will assume command as Brig. Gen. Larry Wyche will become the Deputy Chief of Staff for Logistics and Operations for the Army Materiel Command located at Fort Belvoir, Va. Wyche has served at JMC since August 2008.

Perna was promoted to brigadier general in August. Prior to being assigned to Iraq, his third tour there, he served as the director, Defense Supply

Center - Philadelphia, also a one-star position.

Perna graduated from Valley Forge Military Academy, Wayne, Pa., with an associate degree in business administration. He earned a Bachelor of Science degree in Business Management from University of Maryland. Upon graduation as ROTC Distinguished Military Graduate, he was commissioned as a second lieutenant in the infantry. Perna also holds a Masters in Logistics Management from Florida Institute of Technology. His military education includes Infantry Officer Basic Course, Ordnance Officer Advanced Course, Logistics Executive Development Course, Support Operations Course, Command and General Staff College and Industrial College of the Armed Forces.

No date has been set for the change of command. <sup>J</sup><sub>M</sub><sup>C</sup>



**New Leadership** Brig. Gen. Gustave F. Perna will become the next commander of the Joint Munitions Command, taking leadership of the 14,000 person organization.



## **JMC Quick History**

*In January 2003, the Joint Munitions Command was provisionally established. In October 2006, JMC was designated an independent major subordinate command of the Army Materiel Command. Brig. Gen. Gustave F. Perna will assume command as JMC's sixth commander.*

# ARMY NEWS



Photo courtesy of Scranton Army Ammunition Plant

## Gen. Dunwoody tours Scranton AAP

### A Look at Operations

Gen. Ann E. Dunwoody, commanding general, Army Materiel Command, tours Scranton Army Ammunition Plant and receives a brief of plant capabilities. Dunwoody saw firsthand the 120mm/155mm production lines.

Touring alongside Dunwoody:

--Richard Hansen, commander's representative, Scranton Army Ammunition Plant  
--Jyuji Hewitt, deputy commander, Joint Munitions Command  
--Col. Joseph Tirone, commander, Blue Grass Army Depot  
--Matthew Zimmerman, PM Joint Services Deputy Director

--Dr. Dean Bartles, General Dynamics OTS Vice-President of Large Caliber Ammunition  
--Jeff Brunozzi, General Dynamics OTS Vice-President of Large Caliber Ammunition Scranton Operations

## FERS employees now receive credit for sick leave

By Susan K. Manke  
Civilian Personnel Advisory Center,  
Headquarters Department of Army

The Fiscal Year 2010 National Defense Authorization Act was signed Oct. 28, 2009 by President Obama contained a significant change affecting sick leave for Federal Employees Retirement, FERS, employees. The change permits unused sick leave to be used as service credit in the computation of benefits under FERS, but not for establishing eligibility or in the computation of average salary.

This new change will not take effect immediately; it will be phased

in. This means from Oct. 29, 2009 until Dec. 31, 2013, employees would receive credit of 50 percent of unused sick leave. After this date, they would receive full credit for their unused sick leave.

Employees covered by the FERS receive credit for unused sick leave toward their retirement annuity, as is currently the case for employees covered by the older Civil Service Retirement System or CSRS.

For employees who have annuities computed under the provisions of both CSRS and FERS, only sick leave not included in the CSRS portion of the calculations will be available under FERS.

The Joint Munitions and Lethality Life Cycle Management Command *Bullet'n* is an authorized publication for members of the Department of Defense. Contents of *The Bullet'n* are unofficial and are not necessarily the views of, or endorsed by, the Joint Munitions & Lethality Life Cycle Management Command, the Department of the Army, the Department of Defense, or any other U.S. government agency.

The editorial content of *The Bullet'n* is the responsibility of the Public Affairs Office at Joint Munitions Command headquarters.

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# Blue Grass Army Depot Fire Department best in Army

**By Rikeshia Davidson  
JMC Public Affairs**

RICHMOND, Ky. -- It can't be said enough that size really doesn't matter. With 21 firefighters, the Blue Grass Army Depot Fire Department is small in number but generates larger than expected results.

The Blue Grass Army Depot Fire Departments' numerous training efforts and preventative measures justified its Department of the Army's Small Fire Department of the Year Award. The Department of the Army's 2009 Fire and Emergency Services awards recognize special achievements of individuals, teams and fire departments.

The Department of the Army selection committee reviewed a total of 10 nomination packages from U.S.

Army Installation Management Command, U.S. Army Medical Command, military firefighters and Army Materiel Command.

The depot's fire department had never been a recipient of this award; this year is their first time submitting a nomination package but all the same, the firefighters continue their routine which includes training and plenty of it.

"We train on any and every type of emergency that we have a possibility to respond to," said Chief Sean Brewer, Blue Grass Army Depot Fire Department.

Of course there isn't an emergency every hour of the day and with that in mind the BGAD firefighters refuse to become complacent or even reactive. Chief Brewer insists, "The quickest way to



U.S. Army photo by John Stephens

**Excellence** Blue Grass Army Depot firefighters stand outside of their fire house in Richmond, Ky. The depot's fire department has been named Department of the Army small fire department of the year. This is the departments' first time submitting a nomination package.

stagnation is to live by the 'we have always done it that way' code.

"And that is just not how we do business at Blue Grass Army Depot."

So when there's no emergency to attend, they take a proactive approach and train, train, train. Leading those training programs are James Basin, Assistant Chief and Greg Ranard. According to Brewer, "The key issue is for us to be ready to respond to anything from a fully involved building fire or a hazmat spill to a vehicle accident or someone trapped in an elevator."

Located in a \$2.7 million facility less than five years old, the BGAD fire station sits atop a hill on the depot and there's usually plenty of activity inside.

The fire department is responsible for training 78 percent of the Blue Grass workforce in live fire extin-

guisher training. In addition to keeping employees abreast of how to extinguish fires, a two man fire prevention office also performs fire hazard inspections of office buildings annually, if not every quarter.

"If a hazard is found, it is brought to the attention of the building's manager and is corrected either on the spot or through the very effective work order program with the directorate of services and support," said Chief Brewer.

Off the depot, the BGAD fire department partnered with Madison County (Ky.) to create a Unified Command to help mitigate a gas line rupture threatening a residential area. It is a fact the fire department responds to many off depot calls and as a result the community and depot relations are strengthened.

"We have a great work-  
"Best" continued on page 7



*Picatinny Arsenal file photo*

**Savings and Cost Avoidance** An MK19 gunner fires a mixed M918 and M385A1 40 mm ammunition belt. The mixed belt has a three-year calculated net savings and cost avoidance of \$86.2 million. The Program Executive Office for Ammunition recently won a Department of Defense Value Engineering Achievement Award for impressive value engineering procedures.

# Picatinny receives award for fiscal savings

**By Audra Calloway  
Picatinny Public Affairs**

PICATINNY ARSENAL, N.J. - The Department of Defense announced a Picatinny organization has won a 2009 DoD Value Engineering Achievement Award.

The Program Executive Office for Ammunition here won the award for implementing value engineering procedures that will save DoD more than \$89 million.

Value Engineering, otherwise known as VE, is a function analysis process to identify actions that reduce cost, increase quality and improve mission capabilities across the entire DoD enterprise, according to a DoD news release announcing the award.

The VE awards program is an acknowledgment of exemplary achievements and encourages projects to improve in-house and contrac-

tor productivity.

In fiscal year 2009, PEO Ammunition's assigned VE goal was to find ways to save \$10 million on PEO Ammo programs, explained Glenn Knudsen, Chief of the Armament Research, Development and Engineering Center's Value Engineering Team.

However, PEO Ammunition achieved \$89.585 million in total savings, exceeding its goal by 896 percent.

"The success of the PEO Ammunition VE program can be attributed to the leaders' awareness and management of the assigned VE goals, and the establishment of an atmosphere of creativity that led to the completion of six in-house VE projects and one contractor VE project," said Knudsen.

One of the VE projects

included creating a mixed M918 and M385A1 40 mm ammunition belt, which has a three-year calculated net savings and cost avoidance of \$86.2 million.

The current ammunition used in training and qualifying MK19 gunners is the M918, explained Melissa Wanner, Project Management Engineer.

However, by substituting every third M918 round with a less expensive M385A1 round, a significant reduction in cost of 40 mm training ammunition has resulted.

An entire M385A1 belt was not feasible because the M385A1 does not produce any signature upon impact. When the MK19 is fired, gunners usually fire in three to five round bursts. If it was a full belt of M385A1, there would be no indication of

where the rounds landed, explained Wanner. However, with the mixed belt, the gunner still sees three to four flashes from the M385A1 M918 down range.

The new MK19 grenade ammunition belt now offers a lower-cost gun training that is still effective. The mixed belt configurations are currently being integrated into training.

Across DoD in FY09, 3,347 in-house VE proposals and 43 contractor-initiated VE change proposals were accepted with actual and projected savings and cost avoidance in excess of \$1.94 billion.

A ceremony was held on May 12 at the Pentagon to recognize the recipients' outstanding achievements through the application of value engineering.

# JMC honors long- serving retirees

By Darryl Howlett  
JMC Public Affairs

ROCK ISLAND ARSENAL, Ill. – A different set of heroes were honored May 27 by the Joint Munitions Command.

A retiree commemorative plaque ceremony took place inside the JMC headquarters building, honoring employees with more than 40 years of service.

Six JMC retirees returned to the headquarters building located on Arsenal Island to participate in the ceremony. Also eight retirees participated via video teleconference from the Pine Bluff Arsenal, Pine Bluff, Ark., and the Red River Munitions Center, located in Texarkana, Texas.

The plaque will be placed outside the JMC command group executive offices, next to a plaque listing the past and present JMC commanding generals.

JMC honored 74 individuals who retired with 40 to 65 years of federal service. Their total number of service years consists of either a combined military and civilian career or strictly civilian service for the U.S. government.



U.S. Army photo by Darryl Howlett

**Paving the Way** Brig. Gen. Larry Wyche, commanding general, Joint Munitions Command, and JMC retiree, Jim Bolton, of Davenport, unveils the JMC retiree commemorative plaque. The plaque currently displays 74 names and will be displayed outside of the JMC executive suite.

The retirees also had to have worked their last five years of service at JMC headquarters or subordinate installations upon retirement between 1999 and April 2010. Those who had reached the 40 year service date but passed away before being able to retire, have also been included.

Brig. Gen. Larry Wyche spoke on the importance of honoring those who supported the government 40 years and longer.

“There’s nothing greater than honoring those individuals who have given their time and loyalty in defense of our nation,” he said. “I’ve traveled across this country from one ammunition depot to the next and all I can say is I’m humbled by the work you do. I’m also humbled by the work completed by these retirees that in some instances laid the foundation for our employees.

“I recently told a group of ammo logisticians my thoughts about two sets of heroes. One set of heroes is on the tip of the spear on the battlefield. The Soldiers, sailors, airmen, and Marines. The other set of heroes are (the retirees). I’m again – and I can’t express this enough – humbled by the things that you have done. Many of us today

would not be here without you. Thank you for paving the way for us.”

Edith Holmstrom, of Bettendorf, retired at JMC as a transportation specialist after working for the federal government from 1967 to 2009. She appreciated the command’s efforts to honor retirees.

“I thought the ceremony was very nice,” she said. “(Brig. Gen. Wyche) made us feel very special.”

Jim Bolton, of Davenport, retired at JMC after 50 years of service (1959-2009) as a budget analyst for the command’s Security Assistance Directorate. He also gave the ceremony high grades.

“The ceremony was great. It was great that the general thought so much of the retirees,” he said. “He’s a caring person – a people person.”

Other JMC headquarters retirees who participated in today’s ceremony included Roy Buckrop (1955-2004), of Moline, Ill.; George Moriarity (1966-2007), of Davenport, Iowa; and Kate Crane (1967-2007), of Davenport, Iowa.

After the ceremony, JMC headquarters retirees toured the JMC ammunition display room. <sup>M</sup><sub>C</sub>

# Crane Army opens new LMP facility

By Tom Peske  
Crane Army Public Affairs

CRANE, Ind. - Crane Army Ammunition Activity held a ribbon cutting and dedication ceremony for its new Logistics Modernization Program facility April 15, enabling the activity to be better prepared for the upcoming LMP deployment and meet its future training needs.

CAAA Commander Col. Charles Kibben cut the ribbon with CAAA LMP Director Mark Helms in front of an enthusiastic crowd of CAAA employees. During the ceremony, Kibben stated he fulfilled a promise he made when the LMP Cadre had been established the previous year.

"I promised that I would give you a nicer place to stay and as we stand here today, I will tell you that I think I delivered on that promise," Kibben said. "I have been through the building and I think we really do have a great facility."

The building has three classrooms that hold up to 56 students. There are also two conference rooms that allow CAAA to connect over the internet with other LMP sites in order to share



**Official Opening** Crane Army Ammunition Activity Commander Col. Charles Kibben and CAAA Logistics Modernization Program Director Mark Helms cut the ribbon during the dedication ceremony April 15 of the new LMP Facility. The new LMP Facility will allow CAAA to transition easier when LMP deploys live later this year.

lessons learned and ask questions of the contractor who is implementing LMP. CAAA can also offer training over the internet to our Letterkenny teammates.

"I think it is really fitting that we all come together to dedicate the new Logistics Modernization Program facility this year," Kibben added. "This is a milestone in the history of Crane. I say that because 20-some years ago a system was brought in that was the standard depot operating system.

And for 20 years this activity has operated under that system, but today I will tell you that we are living a new dream. A new system is coming forth that will fundamentally change the way we do business at Crane."

The new building was actually a part of a renova-

tion project. The 10,000 square-foot renovation included adding office and training areas, modernizing restroom and break areas, adding access control to the building, increased parking and renovations to the heating, ventilation and air conditioning system. The total cost of the project is more than \$1.9 million and the work was completed by Old Veterans Construction, Inc., of Chicago.

Since the CAAA LMP Cadre was established the previous year, the members have worked in different office spaces wherever there was space available. During the ceremony, Helms thanked the LMP Cadre for their efforts in getting CAAA prepared.

He said, "There has been a lot of work done already

for the LMP deployment and it is only going to get more accelerated. LMP is going to touch everyone at Crane. So I thank you for your hard work."

The importance of the new building and how it will help the LMP team was immediately evident to members of the team.

CAAA LMP Cadre member Scott Emery said, "Prior to this, the Crane LMP Cadre team had one training room and whichever extra desks they could find at another building. When the LMP Expert User training started, we had various classes competing for the one classroom. And all the Cadre members had to move out of the classroom, carrying all their materials around in boxes. Now each Cadre member has a permanent *"Milestone"* continued on page 7

## Best continued from page 3

ing relationship with the city of Richmond Fire Department as well as the Madison County Fire Department. We have to count on each other to help when needed. This off depot and community teamwork had provided BGAD with numerous emergency responses that remain unknown to most personnel, as most of them occur after duty hours when the depot has reduced operations for the day.

"These extra responses help sharpen our firefighter's skills (whether) firefighting or medical," said Chief Brewer.

To be fair, the BGAD fire department handles all things fire related, participates in preventative efforts and consistently practices safety--and so much more.

The firefighters found a way to reformat the station helping create one large physical training room resulting in increased physical fitness participation. The firefighters lend a hand

in other depot initiatives including the Wounded Warrior program.

"I have a group of firefighters that are proud ex-warriors themselves. Once you have been in the military, you can never turn your back on that part of your life.

"As soon as we heard about the Wounded Warrior program hands went up volunteering to help whenever they can," said Chief Brewer.

In turn, Brewer doesn't underscore the support of BGAD leaders and their support of the fire departments' persistent efforts.

"We are very proud of the accomplishments of our depot fire department. The explosive and industrial work we do every day in support of the Joint Warfighter can be extremely hazardous and we are fully confident in their ability to respond to any situation. They are a true group of professionals and fully sup-

port our contributions to the strength of our nation," said Col. Joseph Tirone, BGAD commander.

"Leadership from the top down, including Col. Tirone and Ms. Christine Wren, Director of Services & Support, (has) provided unwavering guidance and direction. They have set the standards and provided us with all the tools and equipment that is needed to meet those standards. Fire protection is on the top of both of their list of high priorities, and that does make my job as fire chief much easier," said Brewer.

The BGAD Fire Department continues on as the Department of the Army Small Fire Department of the Year to compete at the Department of Defense level. Of their current recognition, Chief Brewer said, "Truthfully I don't think some of my own firefighters realize just how big of a deal this is. To be named the best small fire department in the

entire Army is truly a feat. Now we are just keeping our fingers crossed for the next phase of this award, competing at the DoD level."

More Blue Grass Army Depot Fire Department Initiatives:

\* Equipped vehicles with advanced firefighting agent (increased each vehicles' capabilities for flame heat reduction by 600 percent)

\* Installed National Fire Protection Association compliant live fire training structure (provided firefighters a powerful tool to hone firefighting skills)

\* Procured state of the art battery operated gunnery (protecting firefighters from back-related injuries)

\* Procured new wildland fire vehicle (previously confined to paved areas--now firefighters take the fight to the fire) <sup>JM</sup><sub>C</sub>

## Milestone continued from page 6

desk and a phone. And we now have room for the Cadre and Expert Users to meet and plan and test new processes that LMP will bring about."

He added, "Additionally, this facility doubles the number of general purpose computer classrooms at Crane, and adds two more conference rooms, one of which has a VTC capability."

Echoing those remarks, LMP Cadre member Melanie Deckard said, "The layout of the building is extremely conducive as a training environment. It allows the LMP Cadre to either sit down one-on-one with an individual and give them individualized training or to use the classroom environment. By having the office area separate from the classrooms it keeps us from disturbing those who are teaching or working on a project."

Deckard added that once CAAA goes live with LMP, the facility will not only be a training environment but a command center.

She said, "The Cadre team will be available to assist CAAA in the transition from our current SDS/Legacy system into LMP. With anything that is new there are going to be problems once the switch has been flipped. We are aware of what has happened in the past deployments of LMP and we are trying to work those issues prior to our going live. However we do know you can't be prepared for everything." <sup>JM</sup><sub>C</sub>

# JMC rad waste directorates ensures safe clean up



*RAD waste file photo*

## Submitted by JMC Safety & RAD Waste Directorate

ROCK ISLAND ARSENAL, Ill. – One item containing low-level radioactive waste may seem insignificant, but across an entire government agency or military installation, these items can reach into the thousands and need to be disposed of properly.

The Joint Munitions Command's Safety/Rad Waste Directorate is responsible for managing safe, compliant and cost-effective disposition of low-level radioactive waste, known as LLRW, for the Department of Defense (other than the nuclear Navy) and customers made up of other federal agencies.

Also known as L2R, the directorate is the DoD Executive Agent for LLRW and conducts disposal programs to properly clean up and eventually dispose of these materials through an environmentally-friendly process.

"L2R disposed of approximately 825,000 cubic feet of LLRW in fiscal year 2009," said Dr. Barbara Carlock, planning division chief for L2R.

"Ninety percent of this disposal volume was attributed to large remediation projects for the U.S. Navy and the U.S. Army Corps of Engineers."

Increasing use of green technologies and systems in new government procurements is leading to a significant decrease in generated LLRW. However, with many older programs still in use or being drawn down, L2R is needed to ensure proper safety and disposition procedures are in place for these projects.

According to Kelly Crooks, the operations division chief for L2R, many people don't know that LLRW can come from a number of different sources. It can come from any item or process that uses radioactive material.

This includes devices with a radioactive component, both military-specific and consumer products; research and development, production, testing, training and demilitarization associated with those items; medical uses, and waste from the clean-ups associated with those operations.

"Most of our waste volume is tied to the depleted uranium used in armor penetrating munitions and comes from disposal of the penetrators themselves and the contaminated soils and debris from production and test firing," said Crooks.

"In terms of the numbers of radioactive sources, the major military-related items include fire control devices, compasses and watches illuminated by tritium, and chemical detection equipment using nickel and americium sources. The main consumer products that we see are exit signs and smoke detectors."

Carlock noted that the JMC employs a continuous process improvement strategy to streamline key business processes for more efficient delivery of services and optimal customer satisfaction.

"L2R utilizes Indefinite Delivery – Indefinite Quantity contracts and inter-service support agreements with government agencies for quick and efficient LLRW disposal services," she said.

According to Crooks, disposal is the end of the life cycle for items containing radioactive materials. Without safe, compliant and cost-effective disposal, the use of those items would be in jeopardy.

"For example, violations at a burial site can result in losing disposal access," he said. "There are many implications to that, but the biggest impact would be the disruption to the fielding of those items."

By working to ensure cleanups occur safely, L2R continuously works with organizations to identify LLRW and provide contracting services for the entire project, no matter how big or small. <sup>JM</sup><sub>C</sub>



*Spotlight on*

# Lean Six Sigma

## Green belt project: Split screens get the job done

**By Darryl Howlett**  
**JMC Public Affairs**

ROCK ISLAND ARSENAL, Ill. -- Two is better than one.

Making computer programming more efficient through dual monitors became a successful Green Belt Lean Six Sigma project for the Joint Munitions Command.

The project saved more than \$142,000 by decreasing the time needed in operating several multi-application systems.

The project's goal was to decrease the time performing computer procedures that require simultaneous use of multiple applications at JMC headquarters. The initial goal was to reduce this time by 10 percent.

These logistical financial application systems included, but are not limited to Cost To Complete; Command Commodity Standard System, and Wide Area Work Flow.

This project selected pricers, inventory managers, and production managers as the voice of the customer (VOC) because they determined what issue affected them the most.

Since these teams have multiple procedures that require multiple computer applications, the scope was reduced to each group's most painful process.

These processes were defined with the team's subject-matter-experts to be the multi-application process in their job series that has the most complex and/or took the most time.

The project used an Affinity Diagram and the Interrelationship Diagram to find and prioritize the root cause. The

team then brainstormed for solutions based off these root causes. These solutions included Split Screen software and software that could transfer data between applications, but the best solution as determined by the evaluation criteria was dual monitors.

The project's team consisted of six core members and four pilot team members – all from JMC headquarters. The pilot lasted two weeks with the SME's gathering data from the pilot team to compare to the initial baseline results. An expanded pilot of 16 employees is in process to determine if the gains shown during the initial pilot are sustainable.

The initial pilot with dual monitors demonstrated a 24.4 percent decrease in time using just the most painful processes. <sup>J</sup><sub>M</sub><sub>C</sub>

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# Acquisition Day provides training for logisticians

*Brig. Gen. Larry Wyche was among the many leaders on the Acquisition Day panel. Wyche serves as the commander of the Joint Munitions Command.*



**By Eric Cramer  
Rock Island Arsenal Garrison**

MOLINE, Ill. -- More than 200 logisticians attended the Defense Acquisition University/Rock Island Arsenal's Acquisition Day of Insight, May 6, in the iWireless Center here.

The seminar was an opportunity for logisticians to train, but also provided the venue for a letter of agreement between DAU and Quad City area colleges, bringing more training opportunities to the Rock Island Arsenal community.

The theme of the seminar was "The Changing Face of Acquisition Logistics: Providing Warfighter Solutions in an Era of Persistent Conflict."

A key portion of the day was a panel discussion featuring representatives from the major tenant organizations at Rock Island Arsenal. Speaking in the panel portion of the training were: Jerry Jackson, head of TACOM-Lifecycle Management Command, Rock Island Arsenal; Col. Craig Cotter, commander, RIA-Joint Manufacturing and Technology Center; D. Scott Welker, Army Sustainment Command; James Loehrl, chief of Rock Island Contracting Command; Brig. Gen. Larry Wyche, commander, Joint Munitions Command; Kraig Rauch, Armament Research, Development and Engineering Center; and Hung Pham, Edgewood Biological and Chemical Center.

While outlining the contributions of their various commands, the speakers all stressed the importance of acquisition logistics in support of the warfighter.

"It is because of experts like you, in the acquisitions field that allows us to provide the capability we provide," Wyche said. "Your support in the acquisition business is absolutely critical."

Wyche said in 2002 JMC managed 38 munitions types, and some of them were in "red status."

"In 2002, we were not doing good," he said. "Today we have 44 families of ammunition that are all in green status."

The change from 2002 to present was also emphasized by Loehrl who said that his operation at Rock Island Arsenal had grown from having 180 people in 2002, to having more than 340 today, and a total of 400 counting those at other duty stations.

Cotter said that he doesn't operate at the level of Loehrl's world-wide responsibilities. "They use the 'b-word' – billions," Cotter said. "I only use the 'm-word' – millions."

He said acquisitions operators must remember that the Army has a government-owned organic base. "I have a 400 million operation with 1,900 people who make things, and your tax dollars are invested in them," Cotter said.

"When you are challenged with a requirement, consider the government-owned organic base – all you have to do is MIPR me money, and I can make stuff for you."

TACOM-RIA chief Jackson echoed Cotter. "I have a success story," Jackson said. "We had a procurement contract for mortar firing pins. It's just a metal piece, you screw it into the bottom of the mortar, drop rounds down on it and they go downrange and go boom," he said.

"We accepted some that were just a little bit too short," Jackson said. "I was in my office on Saturday and got into an e-mail chat room with Col. Cotter. The conversation was sort of, 'Sir, can you make mortar firing pins.' 'Roger.' 'Do it and we'll sort out the details on Monday.' Thirty days later I shipped 1,000 mortar firing pins to the field."

Pham and Rauch described their programs at Rock Island Arsenal.

The Insight Day continued with breakout sessions throughout the afternoon on topics as diverse as, The Role of the Life Cycle Logistician; Service Acquisition Workshop; Performance Based Life Cycle Product Support; DAU Products and Services; Source Selection; Life Cycle Logistics; Senior Service College Fellowship Program; and How Logistics Impacts DAW across the world from a TACOM-LCMC perspective.

# Fitness fit into any schedule: Blue Grass launches wellness program



U.S. Army photo by Rikeshia Davidson

**Making it count** A Blue Grass Army Depot employee works out in the depot fitness center as part of the Spring into Fitness Program. The program encourages aerobic or cardiovascular activity for one hour, twice a week.

## By Rikeshia Davidson JMC Public Affairs

RICHMOND, Ky. -- From flabby to fabulous is the mantra after the holidays. By March you either love the results of your hard work and sensible diet, or you've given up.

If you're among those who have given up but want to regain your motivation to be fit and fabulous by swim season, here's a boost. The Blue Grass Army Depot Office of Occupational Safety and Health launches the Spring into Fitness program just in time to help Blue Grass employees assess their health and adopt a fitness regimen. Spring into Fitness evolved following an inquiry from an employee expressing an interest in a wellness program.

From there the depot's Employee Safety Council began to think of ways to address the issue. Their initial idea--a walking program--jump started the planning process and following more input from leadership and employees, Spring into Fitness was created.

Launched on April 19 and set to end June 10, for 8 weeks, one hour a

day twice a week, employees will have the benefit of unwinding after their work day in addition to contributing to a healthier lifestyle.

In addition to encouraging a healthier lifestyle, Col. Joseph Tirone, Blue Grass Army Depot commander, hopes the program will reduce the number of injuries related to muscle over exertion.

To join, employees must be registered, enrolled with their supervisor's approval, include a physicians' signature as proof of ability to participate as well as agree to maintain a program activity roster. Programs will include aerobic or cardiovascular fitness activity with the option to combine the two. Melinda Kruger of Nutri-Style, LLC., Richmond, Ky., will serve as nutritionist, while plans are underway to provide group work outs for participants.

Derek Rutledge, Office of Morale, Welfare and Recreation, Blue Grass Army Depot, offers further assistance as trainer for Spring into Fitness participants. His prior experience with depot employees includes the "Biggest

Loser" challenge which ended early April. The program is a step toward helping maintain the health and livelihood of the Blue Grass workforce, but a larger problem is front and center in Kentucky.

According to the Centers for Disease Control and Preventions' 2008 Obesity Trends study, 29.8 percent of Kentucky's population was considered obese. While 29.8 percent seems small in respect to the population, of the six states with dramatic increases of obesity their percentages range from 30.1 percent (South Carolina) to 32.8 percent (Mississippi -also the nations' highest).

In a 2009 Trust for America's Health report, Kentucky's 29.8 percent placed it seventh among states with the highest incidents of obesity. Rutledge suggests simple things are in fact beneficial.

"Running and walking every day is obviously going to help with your overall health," he said. Rutledge insists the current participants aren't new

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## Get fit continued from page 11

to exercise and he saw them often in the depot gym prior to Spring into Fitness. "Basically, I feel my role is more (of just) helping the people that don't quite come in here as often," he said.

In helping participants, Rutledge administered a simple survey of capabilities and expectations. Participants were asked to identify the result they were seeking: weight loss, improve cardiovascular fitness, flexibility or strength training. Initial results of the survey? "Just from the surveys, weight loss is the main thing," said Rutledge. With each person in mind, he plans to establish individual regimens. Spring into Fitness could very well help keep Kentuckians in the Blue Grass region from adding to the statistics.

Beyond those factors, some are generally excited about the idea. "Many of us become caught up in the business of our lives and don't make exercise a priority. Spring into Fitness provides the opportunity for employees to develop positive habits.

"The assistance of a physical fitness trainer and classes on nutrition will help (employees) make informed choices for a healthier lifestyle," said Elaine Saunders, Occupational Safety & Health Manager, Blue Grass Army Depot.

While working your way to a healthier lifestyle, the program incorporates standards and measures to assure accountability and commitment. You must sign in every day you participate or lose your chance to continue with the program. With somewhat of a one and out rule, the program aims to maintain its honesty and propel the program into place for perhaps another year. This year's approach, including employee participation and success,



U.S. Army photo by Rikeshia Davidson

**Demonstration** Derek Rutledge, Office of Morale, Welfare and Recreation, Blue Grass Army Depot, offers a demonstration of proper technique during a workout session for Spring into Fitness. The program launched April 19, 2010 for Blue Grass Army Depot employees to help improve physical fitness and overall health.

will determine the future of the program.

Overall, not all federal agencies take the same approach to wellness. And if your agency doesn't currently offer a wellness program, you can still add activity to your lifestyle.

Here are tips from the CDC.

Adults need at least: 2 hours and 30 minutes (150 minutes) of moderate-intensity aerobic activity (example, brisk walking) every week AND muscle-strengthening activities on 2 or more days a week that work all major muscle groups (legs, hips, back, abdomen, chest, shoulders & arms)

OR 1 hour and 15 minutes of vigorous intensity aerobic activity (example, jogging or running) every week AND

muscle-strengthening activities on 2 or more days a week that work all major muscle groups (legs, hips, back, abdomen, chest, shoulders & arms)

OR An equivalent mix of moderate and vigorous intensity aerobic activity AND muscle-strengthening on 2 or more days a week that work all major muscle groups (legs, hips, back, abdomen, chest, shoulders & arms).<sup>JM</sup><sub>C</sub>

The Blue Grass Army Depot  
wellness initiative--  
Spring into Fitness concludes  
June 10, 2010.

# Tooele participates in pilot study program

**By Kathy Anderson**  
**Tooele Public Affairs**

TOOELE, Utah -- A ceremony welcoming Tooele Army Depot (TEAD) into the Installation Management Command (IMCOM), West Region, took place April 12, as part of a kickoff event for the IMCOM Special Installation Pilot Study.

In order to explore alignment of functions and capitalize on the Army Materiel Command's (AMC) core competency of running industrial operations and the Installation Management Command's core competency of running installations, the Army is exploring realigning installation management responsibilities for AMC's 21 special installations (depots, plants and arsenals) to IMCOM. The Army is conducting a pilot program that will look at the feasibility of transferring certain installation support functions and real property accountability at four test installations from AMC to IMCOM.

The pilot program will take place at TEAD and Anniston Army Depot in Ala., which are both government owned/government operated installations. The pilot also includes Hawthorne Army Depot, Nev., and Holston Army Ammunition Plant, Tenn.--all government owned, contractor operated sites. The pilot study began April 1 and will end no earlier than September 30, 2011.

IMCOM will assume operational control of real property accountabil-



*Photo courtesy of Tooele Army Depot*  
**Tooele Army Depot**

ity and selected installation support functions. No dollars or personnel will transfer during this study.

Col. Dennis-Lowman, depot commander, appointed Chris Tillman as the garrison manager during this pilot study.

"This study will be fully supported by TEAD," Dennis-Lowman said. "It will not result in any job losses and will be transparent to all. This study should improve how we do our business; reduce costs, eliminate duplication, improve efficiency and effectiveness."

During the welcoming ceremony J. Randall Robinson, IMCOM West-Region Director, San Antonio, Texas, said there would not be any negative impacts or interruptions to the work force during the pilot study.

"The headquarters' intent is to have it be transparent and hopefully will

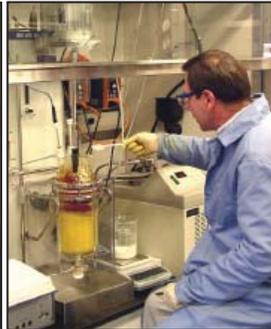
turn out to be a benefit with advantages to the depot such as reducing the rate," Robinson said. "The Commander, Colonel Dennis-Lowman, will remain in charge and will set tasks and priorities. The Army expects they will similarly transfer from AMC to IMCOM using the results of the pilot as lessons learned. These phased transfers will take place during the period (fiscal 2014 to fiscal 2019)."

If the data indicates a value added, then the realignment concept supports the Army's Instructional Adaption goals for reducing costs and improving effectiveness and efficiencies by centralizing control and increasing visibility of all resources dedicated to these functions in support of the Warfighter. If this pilot program proves successful, the Army intends to conduct similar transfers of function from AMC to IMCOM. <sup>J</sup><sub>M</sub><sub>C</sub>

# Holston and Pine Bluff grab safety awards



Pine Bluff Arsenal file photo



Holston Army Ammunition Plant  
file photo

## By Cherish Washington AMC Forward Public Affairs

REDSTONE ARSENAL, Ala.-The U.S. Army Materiel Command and its subordinate commands have been honored with five Army level safety awards for fiscal year 2009.

"With thousands of people worldwide and millions of moving pieces, we are still able to sustain an exemplary safety record as shown by these awards" said Greg Berge, safety manager for the AMC safety office.

The U.S. Army TACOM Life Cycle Management Command received the Industrial Operations Safety Award, division level. TACOM LCMC completed more than 30 million man hours of labor, while reducing the rate personnel missed work due to injury by 40 percent in a two years time span.

"This is injury reduction and accident reduction," explained Berge.

Anniston Army Depot was awarded the Industrial Operations Safety Award, depot level, for reducing its overall number of accidents by 15 percent and completing more than 9.4 million man hours of labor.

TACOM LCMC Transportation support team, Fort Leonard Wood, Mo., received the Industrial Operations Safety Award for the detachment level.

This team with less than 50 people competed against everyone in the Army and won, said Berge. The support team provided maintenance to more than 900 vehicles for the Driver's Training School, without losing days due to injury.

The Joint Munitions Command was awarded the division level award for

Excellence in Explosives Safety, while increasing its labor hours and reducing compensation costs by 35 percent.

"This implies that somehow, whether through education, training, changing of processes, the organization managed to reduce their workers' compensation costs by 35 percent when compared to the previous year," said Berge. "Worker's compensation is paid when an employee is injured on the job, so they managed to reduce their number of injuries or the severity of the injuries."

Holston Ammunition Plant, Kingsport, Tenn., received the Excellence in Explosives Safety Award, garrison level, after a stringent evaluation from the Department of Defense Explosive Safety Board, which evaluates safety and training

At the division level, the Joint Munitions Command received the exceptional organization award based on significant contributions to safety including the review and reapproval of the FY09 standard Explosive Safety Statement of Work originally developed in FY07. This measure helps ensure safety and started the process to assure, at a minimum, that the SOW is instituted and maintained in all explosive facility contracts under JMC purview.

procedures at any explosive or ammunitions location.

Holston Ammunition was rated as "green" in every evaluated area, which is a rare occurrence, Berge said.

Including the Army level winners, AMC awarded seven other safety related awards:

- Sue Turton of Anniston Army Depot- Individual Award for excellence in Safety**
- Pine Bluff Arsenal- Industrial Operations Award, garrison level**
- Joint Munitions Command- Exceptional Organization Award, division level**
- Red River Army Depot- Exceptional Organization Award, brigade level**
- AMC Band- Exceptional Organization Award and the Safety Streamer**
- TACOM LCMC- the Safety Streamer**

**Want to make a difference in  
our publication?**

**Now's your chance.**

**Go to the Joint Munitions  
Command website at**

**[www.jmc.army.mil](http://www.jmc.army.mil)  
and take our command  
readership survey.**

## *Last picture show*



Col. Mark Klingelhofer, Joint Munitions Command, Chief of Staff, explains some of the details of the 155 mm artillery rounds and 120 mm tank rounds to visitors inside the JMC display room.